



Empowering People



Regenerative Agriculture & Soil Health

Terry McCosker



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1800 356 004
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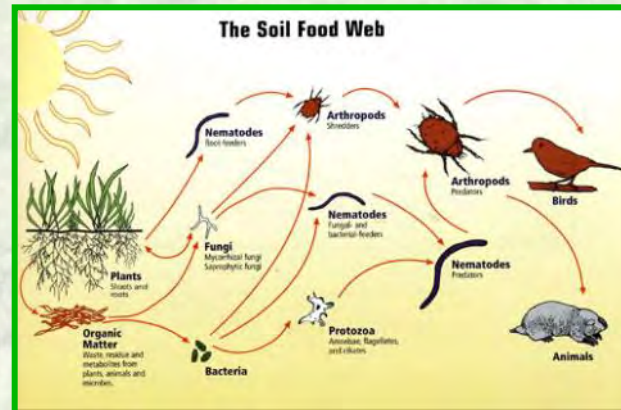
SOIL HEALTH

is a function of:

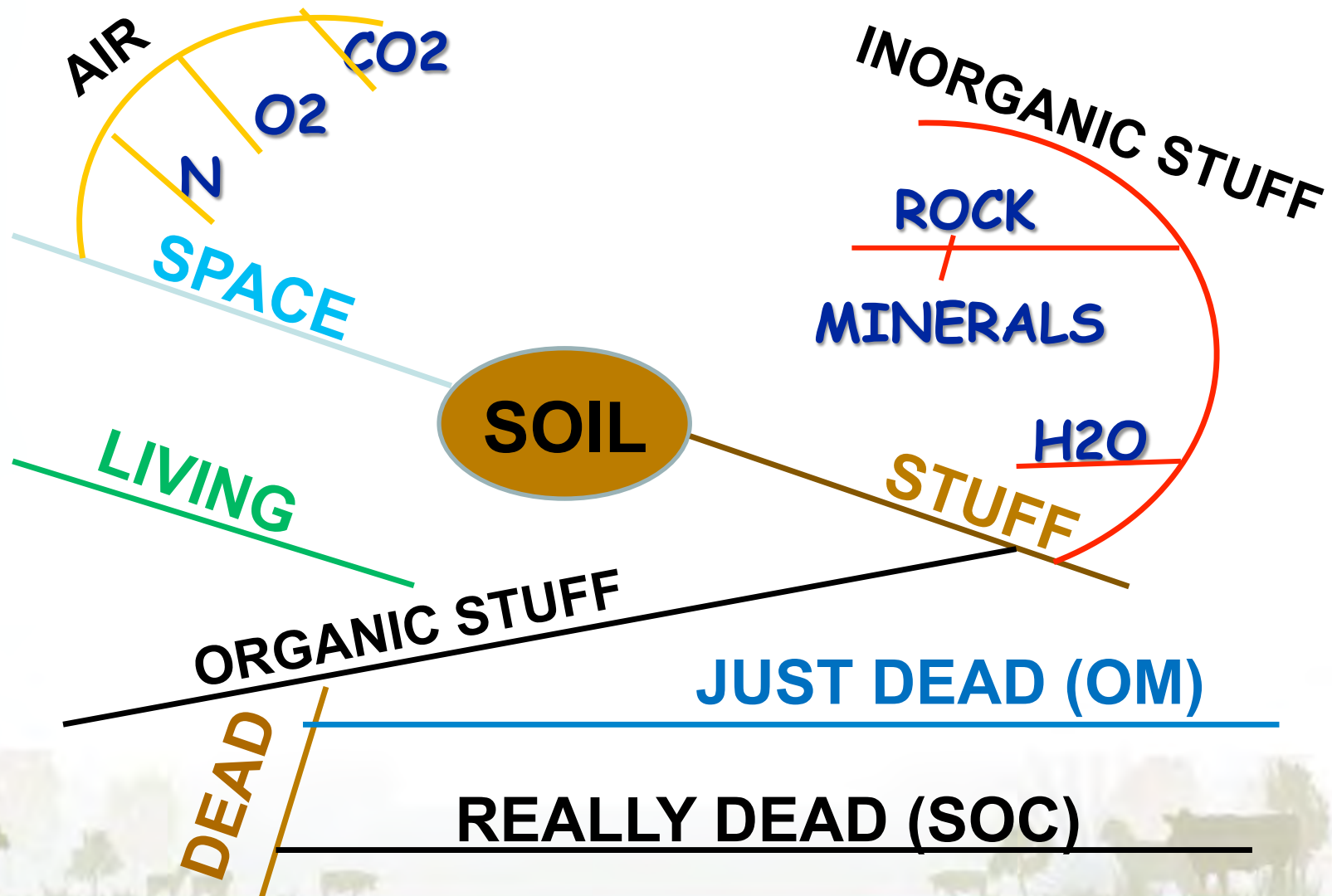
Physical Attributes

Chemical Balance

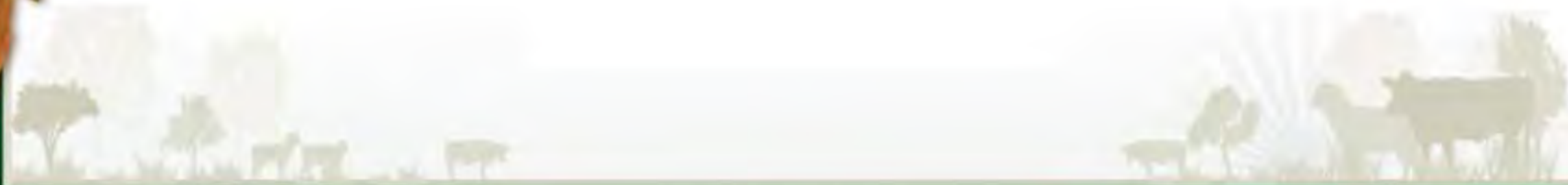
Biological Activity & Balance



SOILS 101

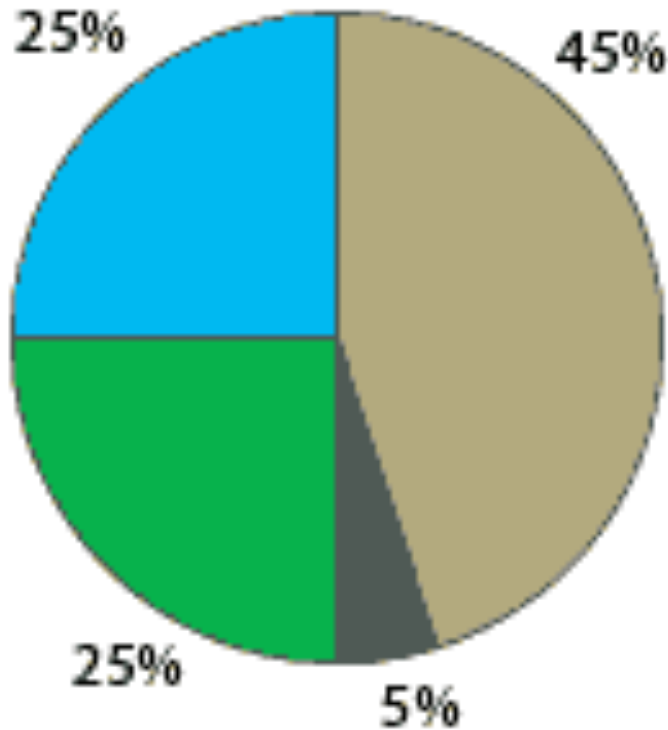


Physical

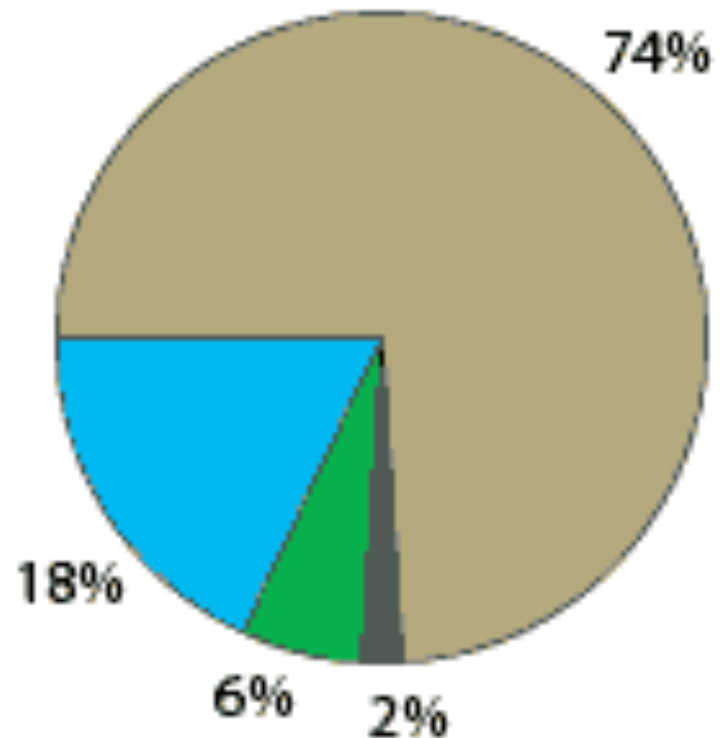


Typical Composition of Soils

Undisturbed Soil



Compacted Soil



Soil Structure

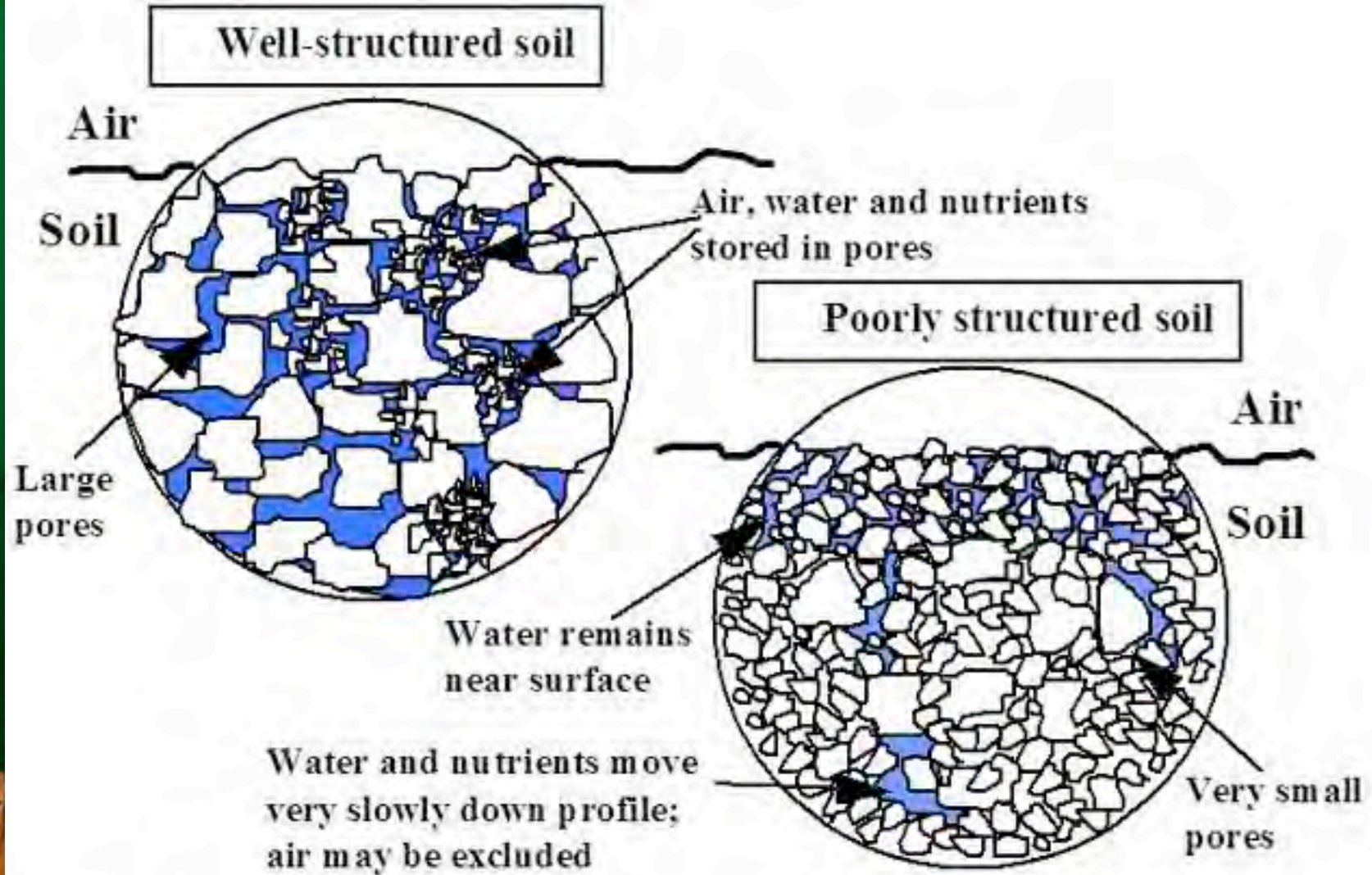


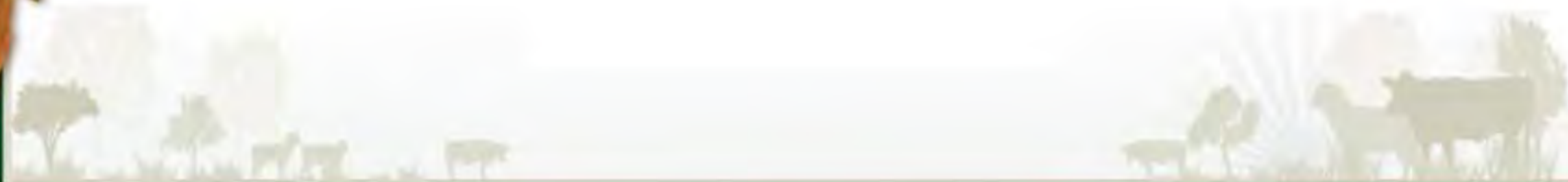
Figure 1. A diagrammatic representation of well structure and poorly structured soils.
Source: Victorian Department of Agriculture.

Indicators of poor physical structure

- ❖ **Low infiltration rate**
- ❖ **Waterlogging**
- ❖ **Hardpans**
- ❖ **Cloddy, hard soil**
- ❖ **Poor root systems**



Chemistry

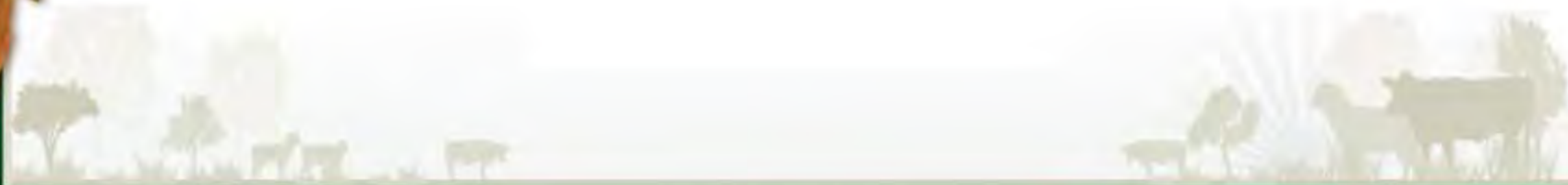


Indicators of poor chemical composition

- ❖ **Weed problems**
- ❖ **Poor root systems**
- ❖ **Low brix level in plants**
- ❖ **Unhealthy plants**
- ❖ **Poor animal & Human health**



Biology



There is a critical relationship between calcium and fungi.

CALCIUM RETENTION AND FUNGI

Elaine Ingham's Classic Experiment



Sterilised Potting Mix
No Calcium Retention



Added Bacteria-Dominated Compost
2% Calcium Retention

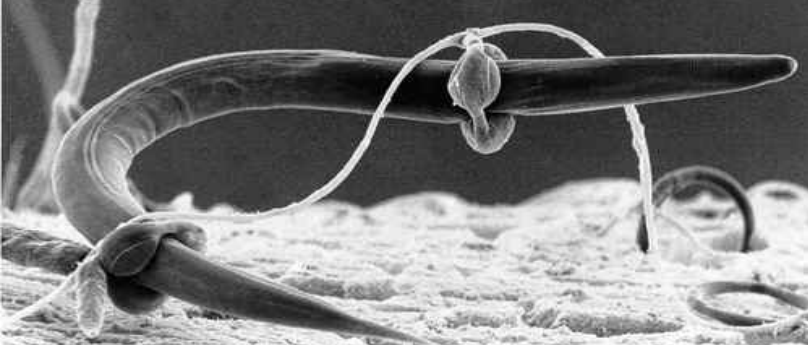
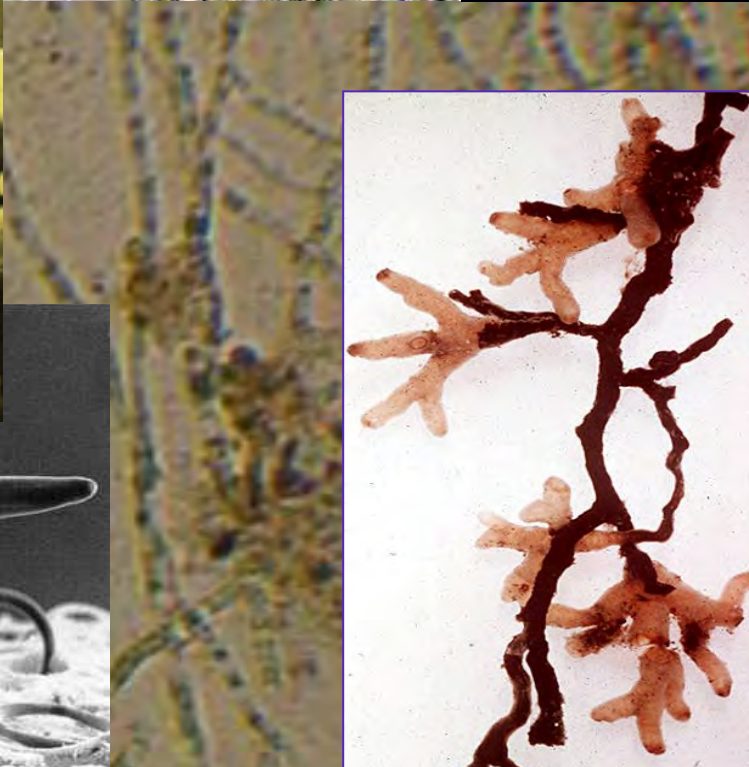
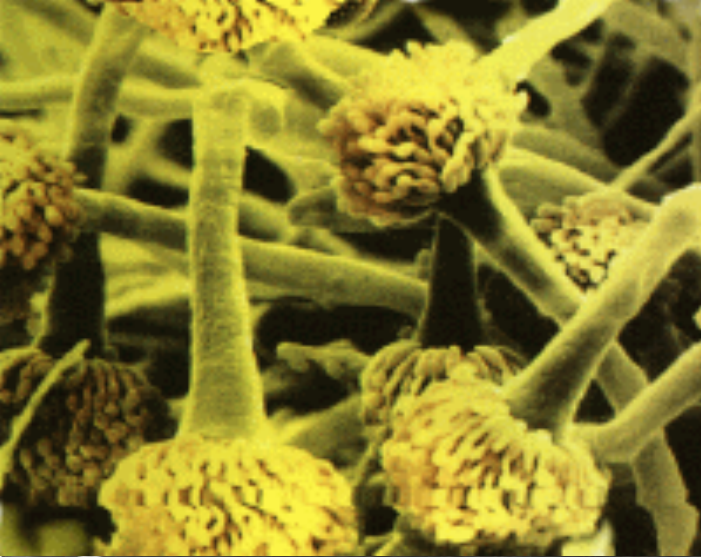
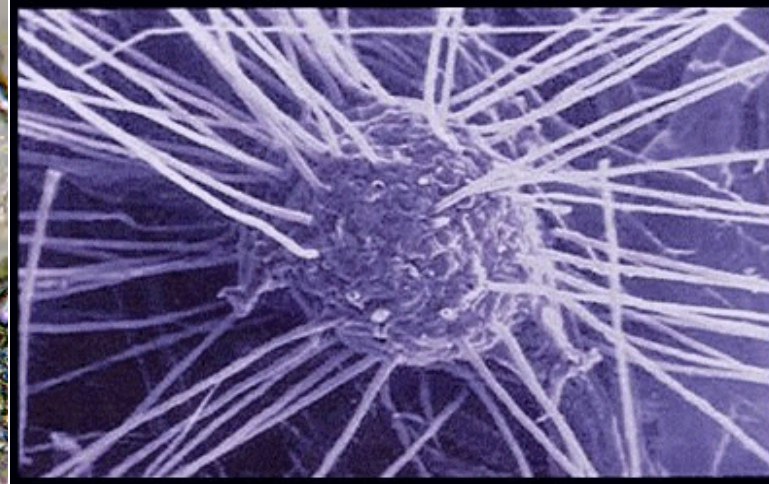


Added Fungi-Dominated Compost
98% Calcium retained



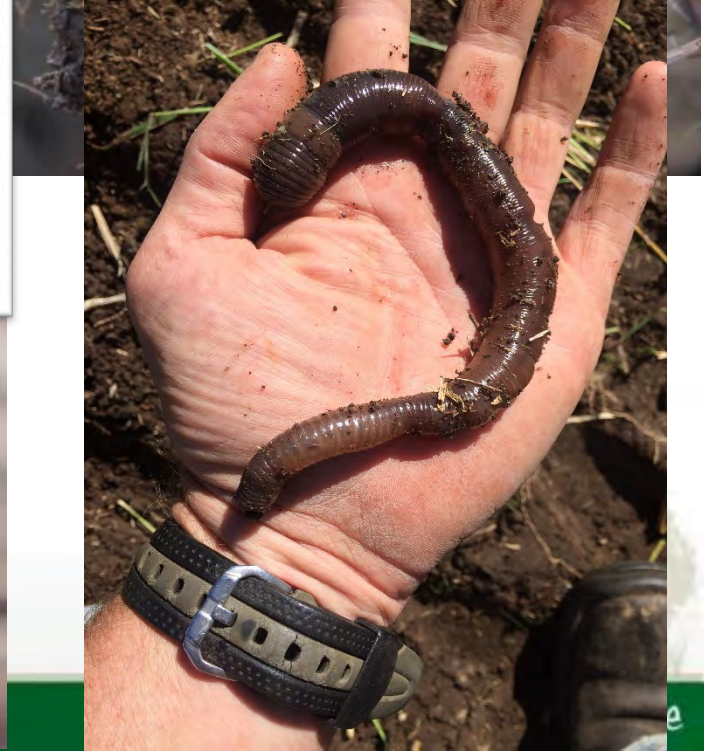


Biology we CAN'T see





Biology we CAN see

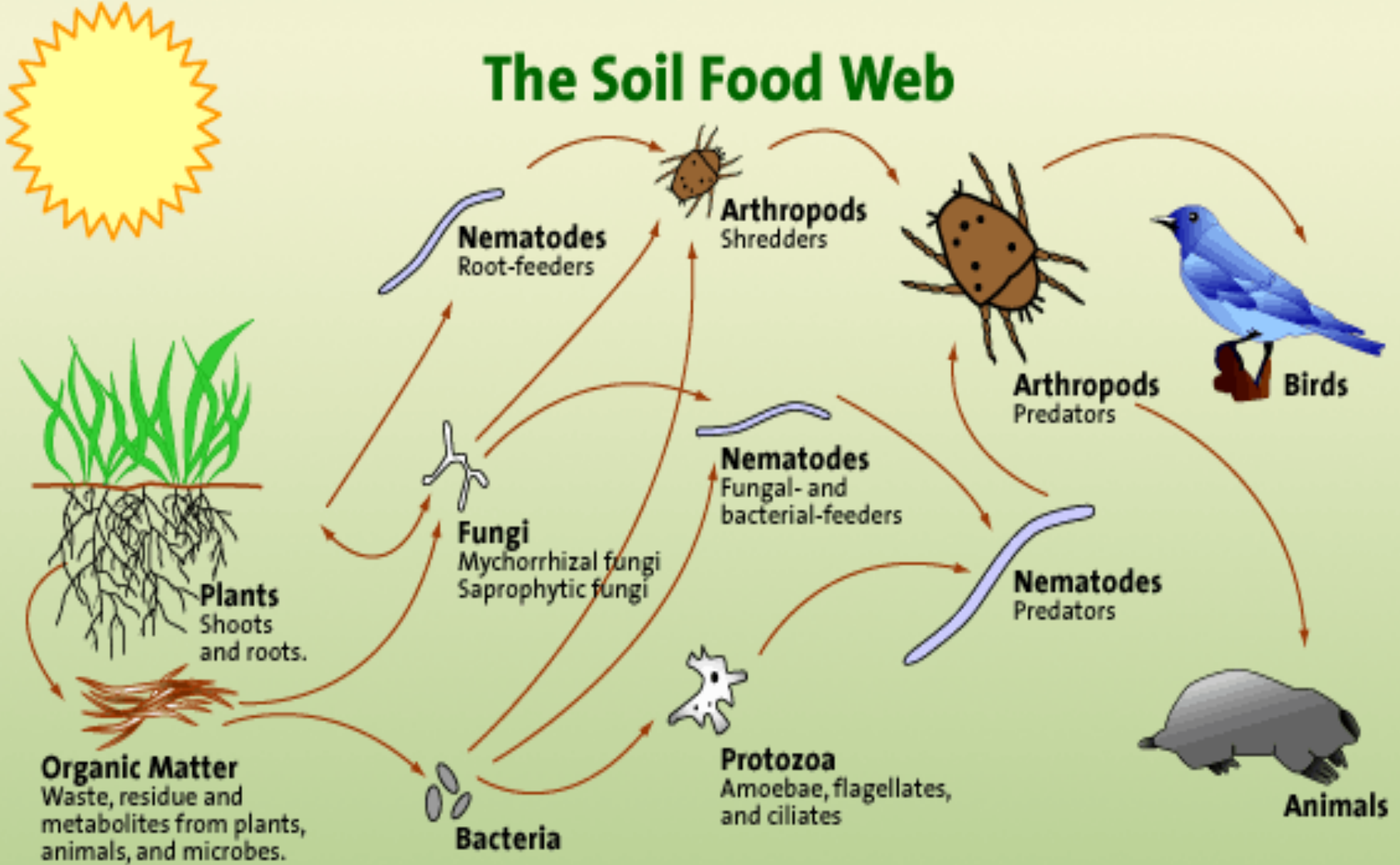




At the Dung Beetle Bar.



The Soil Food Web



First trophic level:
Photosynthesizers

Second trophic level:
Decomposing Mutualists
Pathogens, Parasites
Root-feeders

Third trophic level:
Shredders
Predators
Grazers

Fourth trophic level:
Higher level predators

Fifth & higher trophic level:
Higher level predators

The C:N Ratio

Group	Form	pH	Foodsource	C:N
Bacteria	Decomposer Mutualists Pathogens	Alkali	Proteins, Nitrogen Low MW carbon	5:1
Fungi	Mycorrhizal Saprophytic Pathogen/Predator	Acidic	Carbon	10-20:1
Protozoa	Grazers		Bacteria	50:1
Nematodes	Grazers Predators		Bacteria, Fungi, Protozoa, Nematodes Roots	100:1

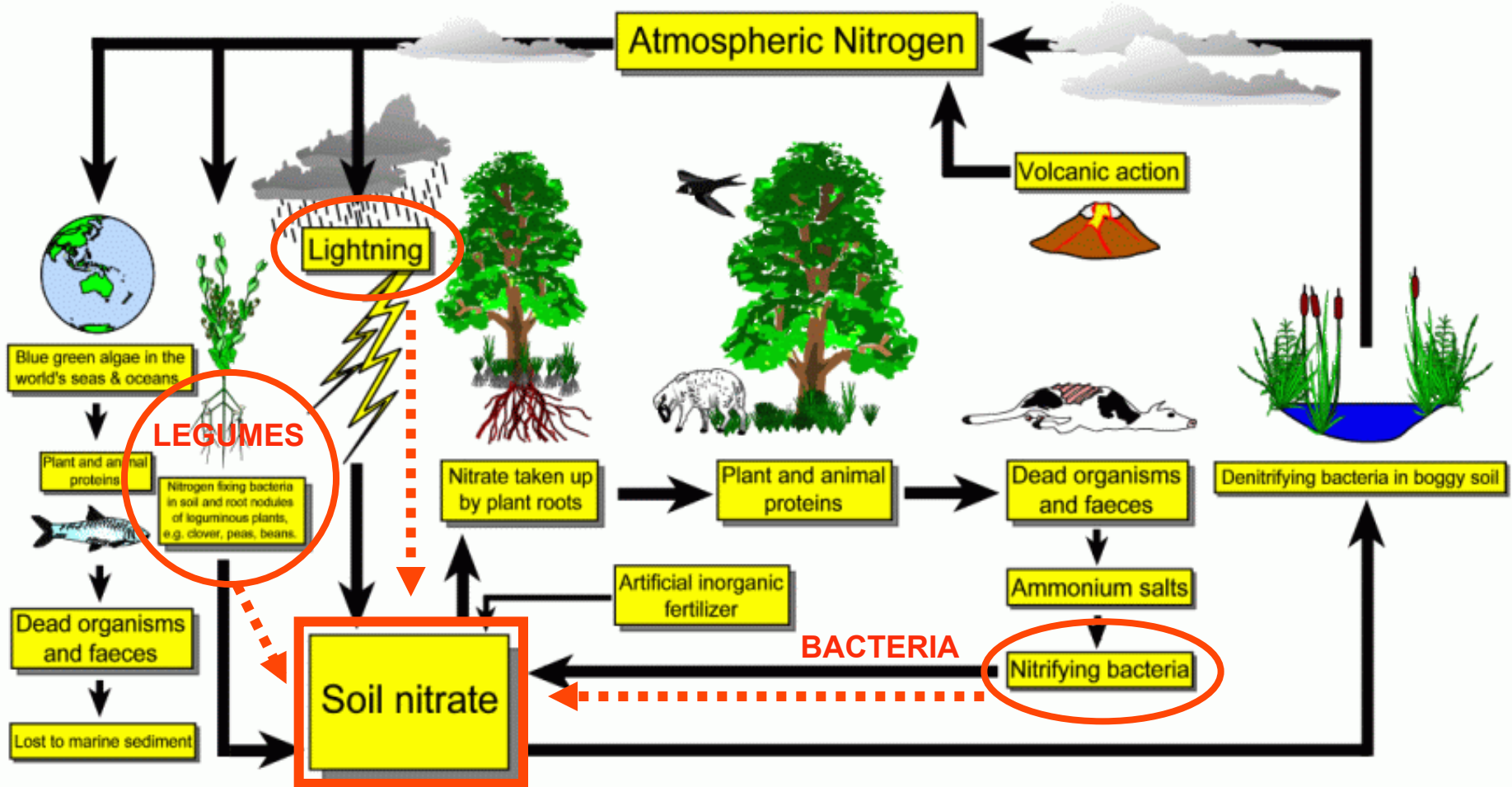




NITROGEN from the AIR

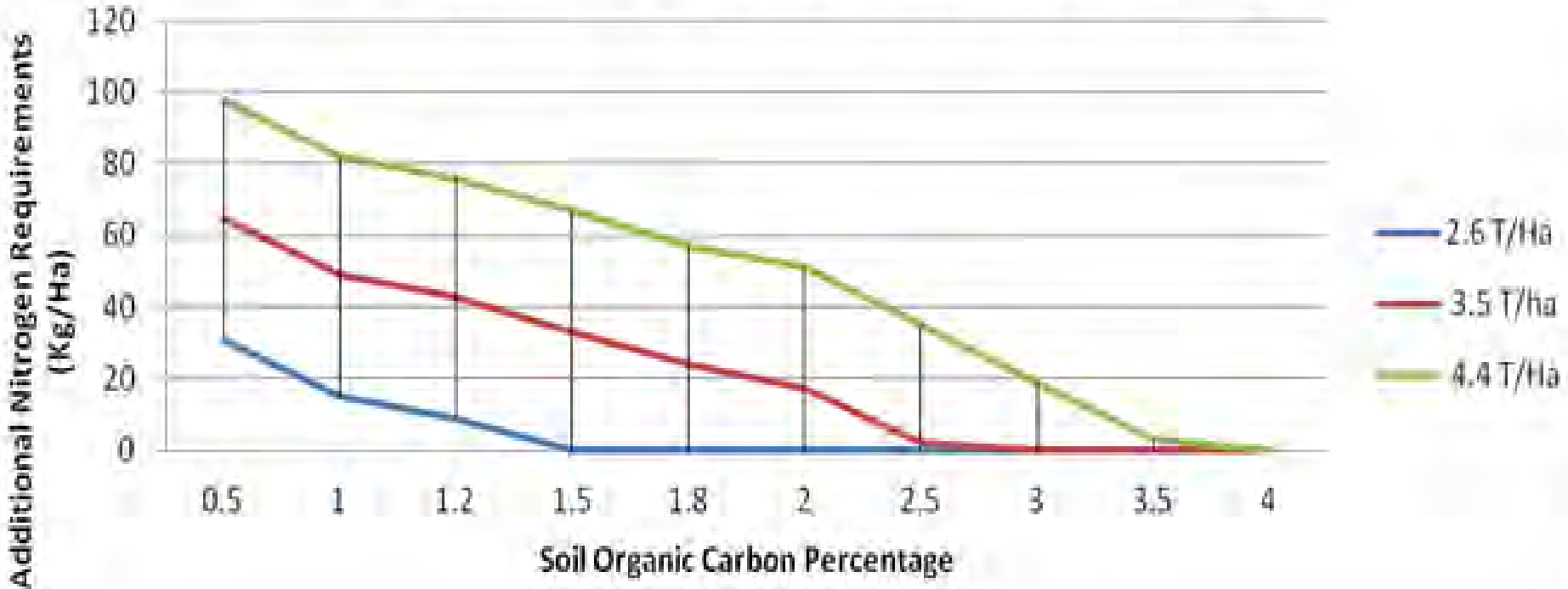
The Nitrogen Cycle

80,000t/ha



Carbon v Nitrogen

Additional Nitrogen Requirements at Varying Wheat Yield Targets and Organic Carbon Percentages



Produced by Guy Webb

Indicators of poor biological balance

- ❖ **Slow OM breakdown**
- ❖ **Poor root systems**
- ❖ **Low brix level in plants**
- ❖ **Insect & disease issues**
- ❖ **Low nutrient density**





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6 PRINCIPLES of REGENERATIVE FARMING

1. **PLAN, MONITOR & MANAGE SOIL HEALTH**
2. **MAXIMIZE LIVING PLANT PRODUCTION**
3. **A FOCUS on BIOLOGY will REPAIR SOIL HEALTH**
4. **INTRODUCE BIODIVERSITY**
5. **MAXIMUM THICKNESS and AVAILABILITY of GROUND COVER**
6. **LIVESTOCK are NATURE's RECYCLERS**

Modern paradigm

Our ability to change the earth increases at a faster rate than our ability to foresee the consequence of change.



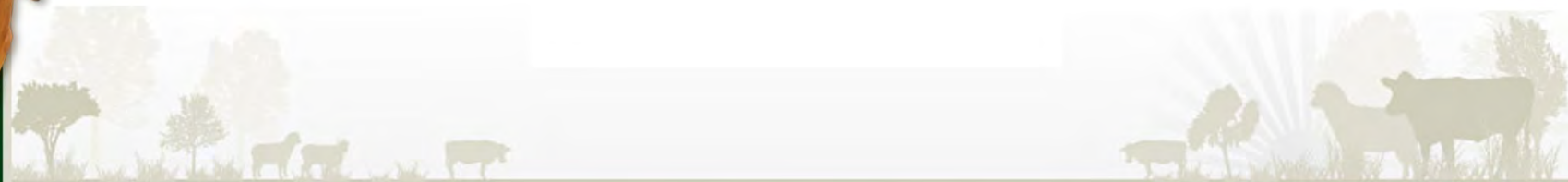


The Conventional approach and Result



The essential Components of a regenerative Ecosystem are:

1. Biodiversity
2. Healthy Soil
3. Healthy Plants
4. Healthy Animals
5. Healthy Food Production
6. Healthy People



Principle 1. Plan, Monitor & Manage Soil Health

GOAL:

“To profitably leave our
land in better
condition”



The Linkages

Gross Margin = (f) Plant Productivity

Plant productivity = (f) plant available water and nutrients

Plant available water and nutrients = (f) CeC

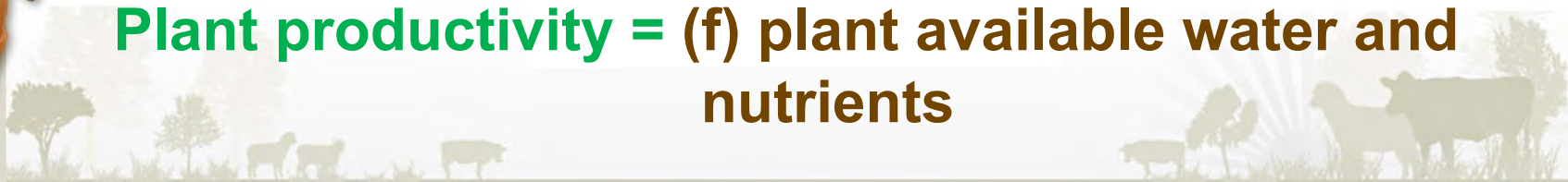
CeC = (f) Soil organic carbon (incl Humus)

Soil organic carbon = (f) biological activity

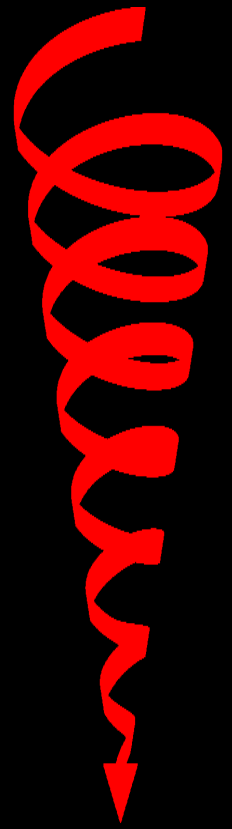
Biological activity = (f) food, shelter, water & air

Food, shelter, water & air = (f) PLANT PRODUCTIVITY

Plant productivity = (f) plant available water and nutrients



Spiral
up



Spiral
down

WAYS to INCREASE SOIL HEALTH



Biodiversity

CATALYTIC
INPUTS

BIOLOGY

MANAGEMENT

(eg grazing/cover cropping)



COMBINATIONS

Management

- **Grazing**
- **Cover/Green manure Crops**
- **Crop rotations**
- **Continuous cropping**
- **Aeration**
- **Landscape Hydration**

+ Biology

- **Compost & Compost Extract (BEAM)**

+ Fertilizer & Catalysts

+ Perennial Legumes



Compost Extract & Worm Juice on Wheat & Barley - WA

Ian & Di Haggerty



The Underpants underground test



Catalytic fertilizer

- **Boron (Solubor)**
- **Sulphur (Gypsum)**
- **Calcium (Calsap or micro fine lime)**
- **Silica (BD501)**

As foliar applications



Multi Species cover crops



Images by Gabe Brown





Aeration & Rehydration - Keyline



Hydration

Mulloon Institute



Swales



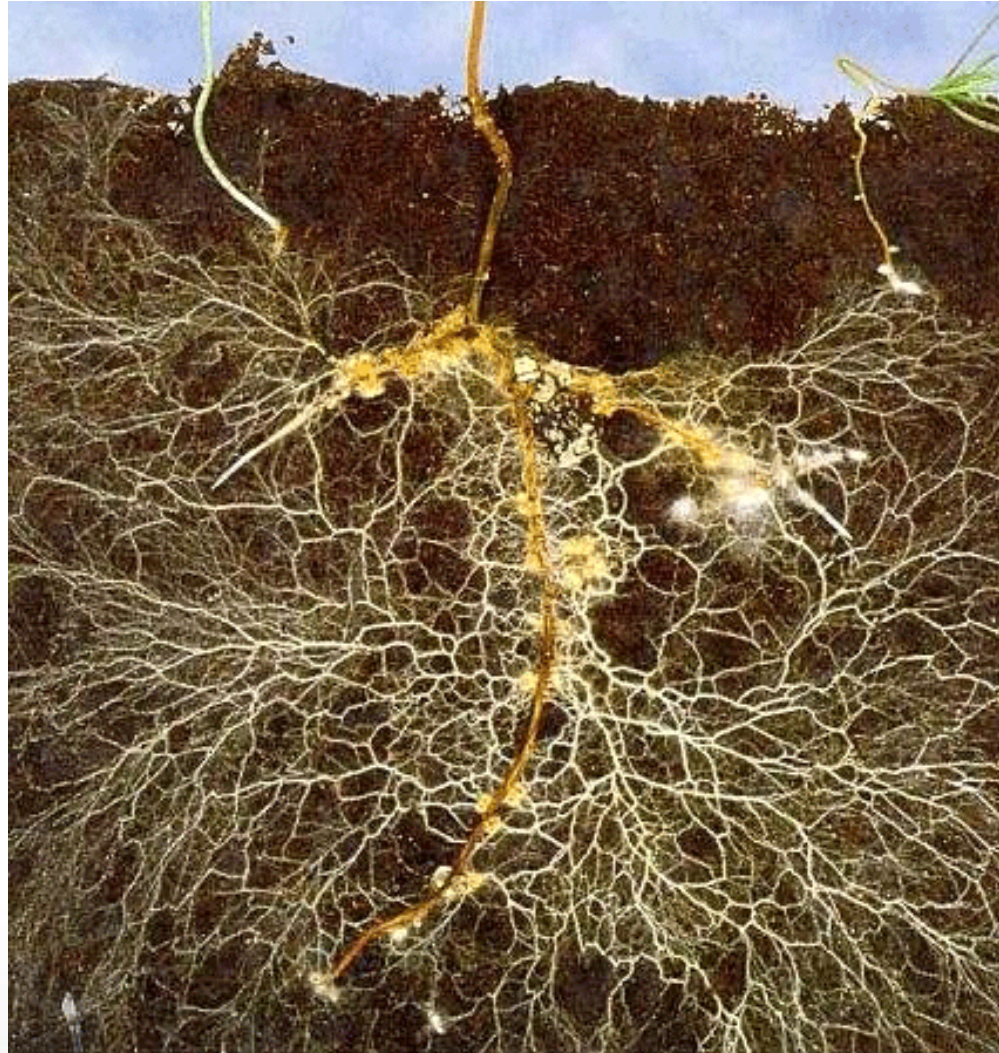
Gully Repair



Leaky Weir



Principle 2. MAXIMIZE LIVING PLANT PRODUCTION



<http://www.soil-carbon-regeneration.co.uk/glomalin/attachment/amf-symbiosis/>



Gabe Brown stock grazing a cover crop



High Density
grazing



Cover Crops and Yield

**0.8% SOC – Legume Cover Crop
YIELD = 1t/ha DM**



Johnson, D, Ellington, D and Eaton, W (2013) Institute for Sustainable Ag Research.



Cover Crops and Yield

**9.5% SOC – Legume Cover Crop
YIELD = 7.5t/ha DM**



Johnson, D, Ellington, D and Eaton, W (2013) Institute for Sustainable Ag Research.



Iowa corn belt

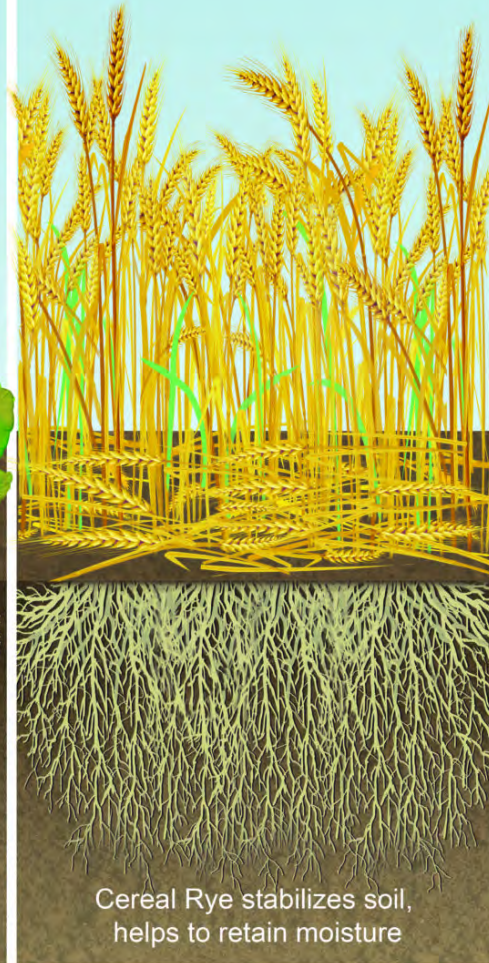
Summer 1

Soybeans
Before Cover
Crop



Fall 1

Cereal Rye Cover Crop



Cereal Rye stabilizes soil,
helps to retain moisture

Summer 2

Soybeans
After Cover
Crop

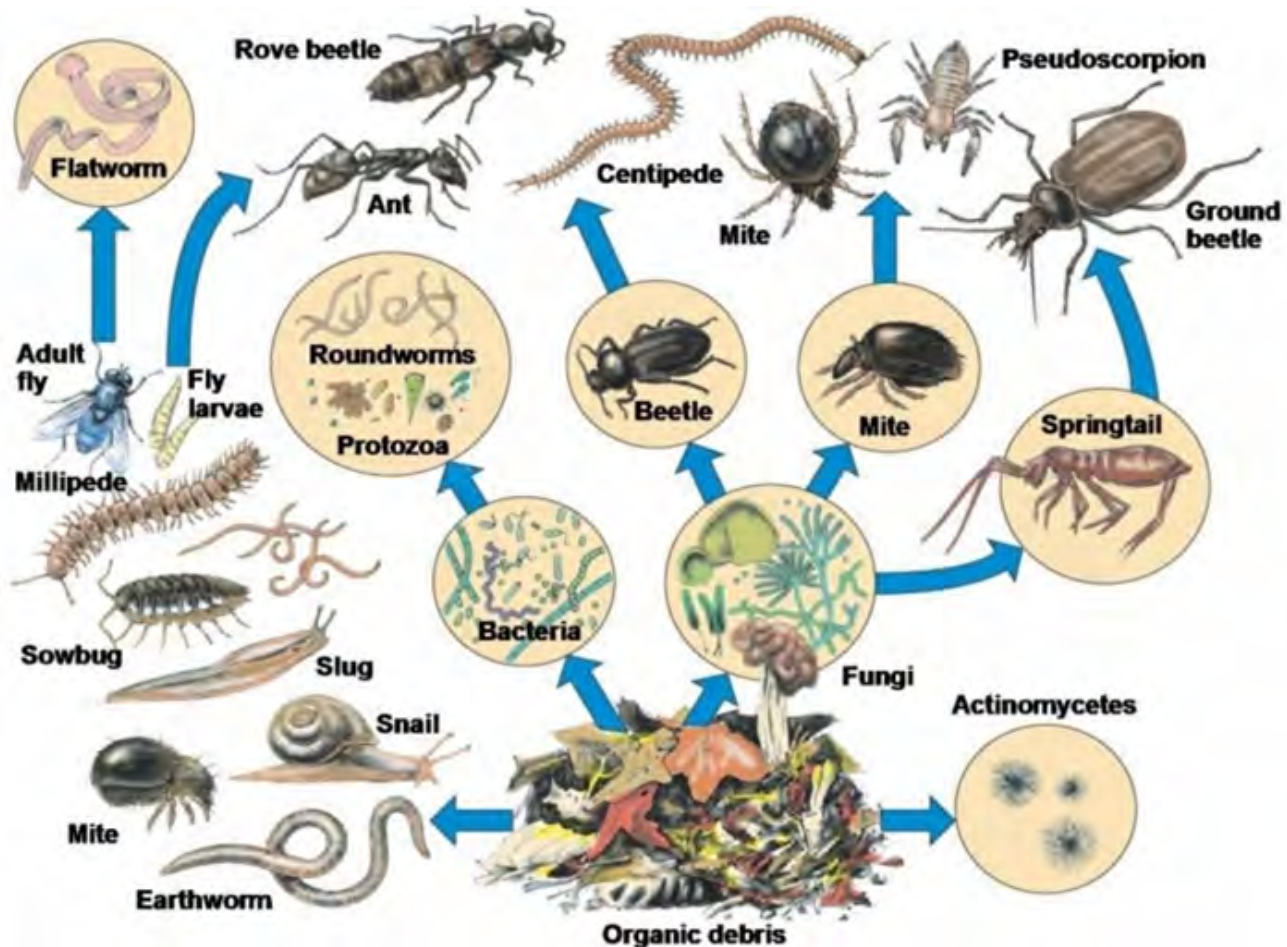


Soybean plants
rooting more
deeply



Principle 3.

A FOCUS on BIOLOGY will repair soil health



Biology is the ENGINE

Gross Margin = (f) Plant Productivity

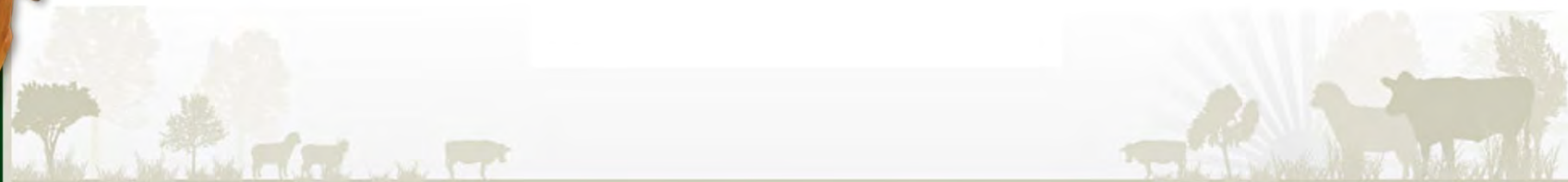
Plant productivity = (f) plant available water and nutrients

Plant available water and nutrients = (f) CeC

CeC = (f) Soil organic carbon

Soil organic carbon = (f) biological activity

Biological activity = (f) food, shelter, H₂O & air



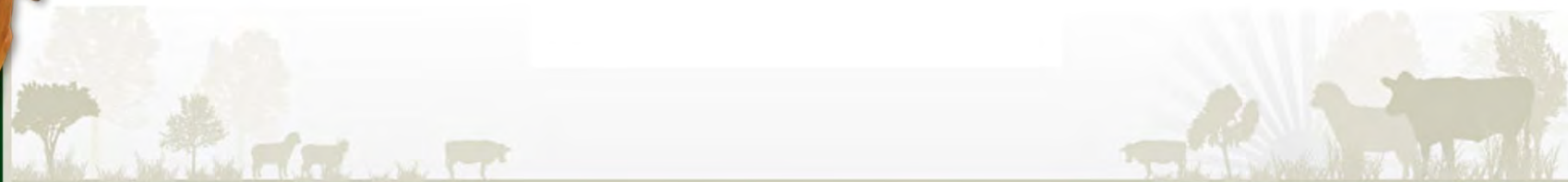
The Essentials of life

✓ **AIR** – especially oxygen and nitrogen

✓ **WATER**

✓ **FOOD** – esp **ENERGY**

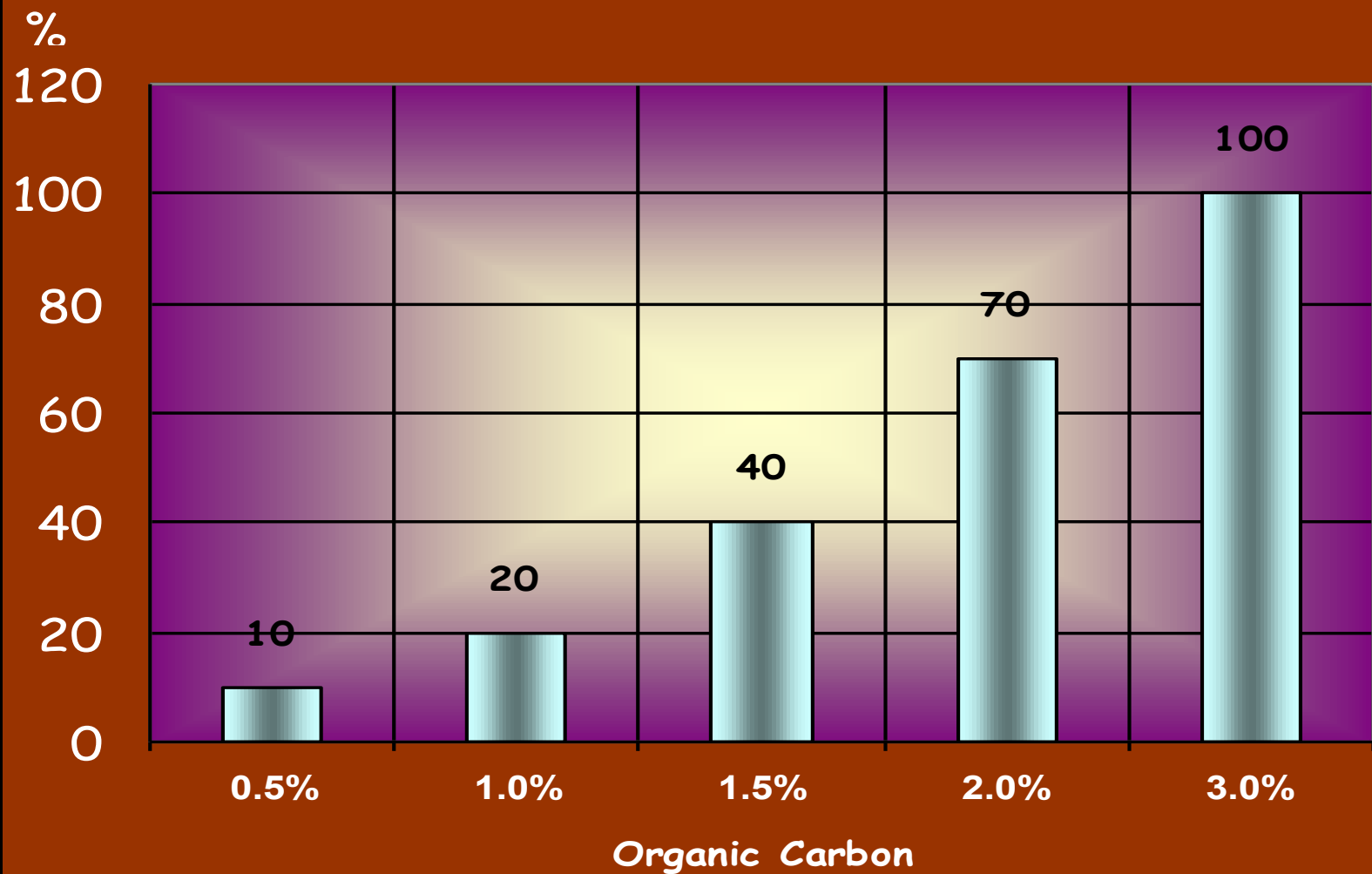
✓ **SHELTER** – eg litter, living species



Aeration (Yeomans 20cm)



**Ripped to 20cm, 2,000
DDH in 6 months grazing.**
James Morse, 2016



Relative water holding capacity (litres per 50 kg of soil)



BEAM

BIOLOGICALLY ENHANCED AGRICULTURAL MANAGEMENT

Dr David Johnson, New Mexico

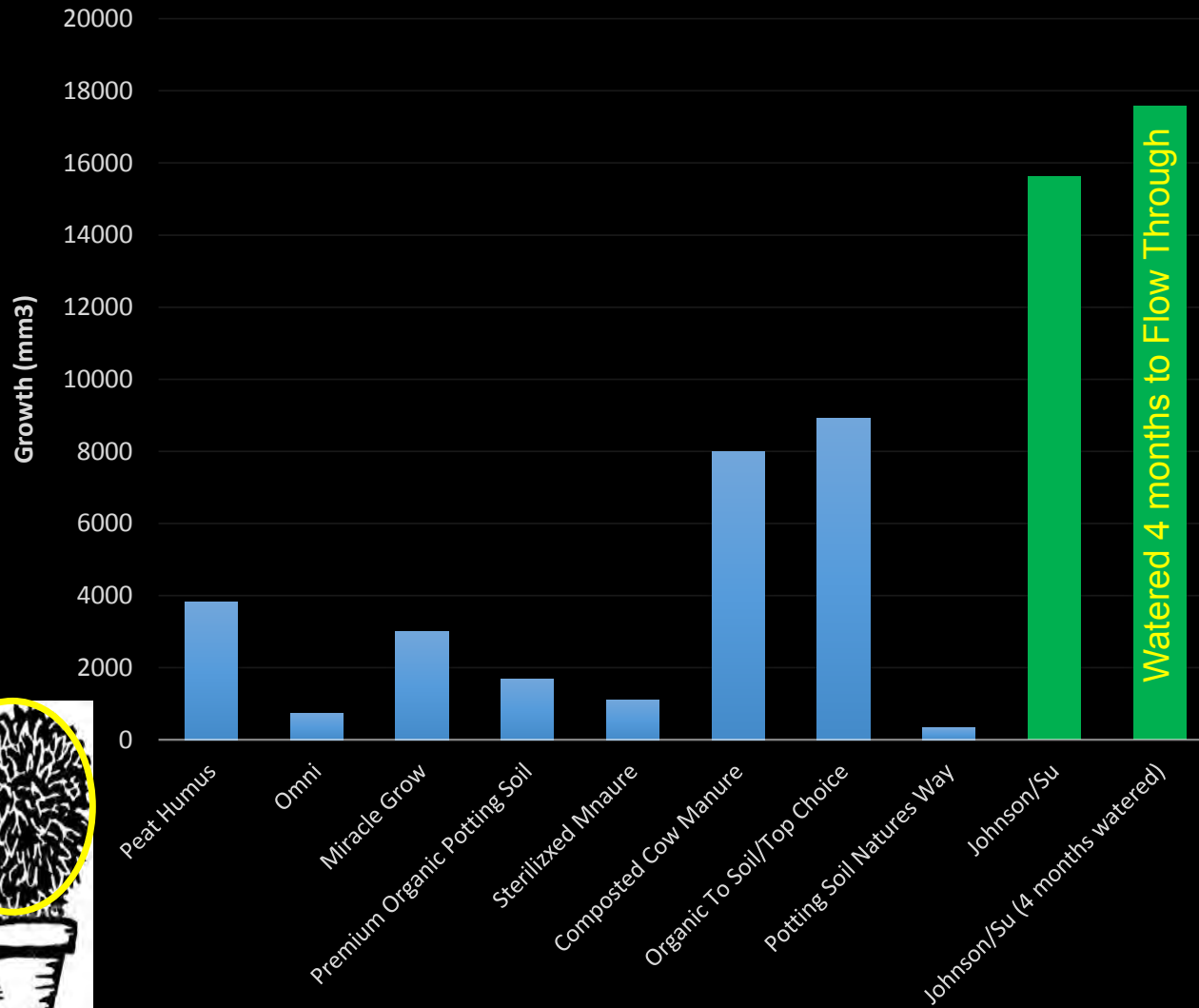


Johnson-Su No-Turn Composting Bioreactor





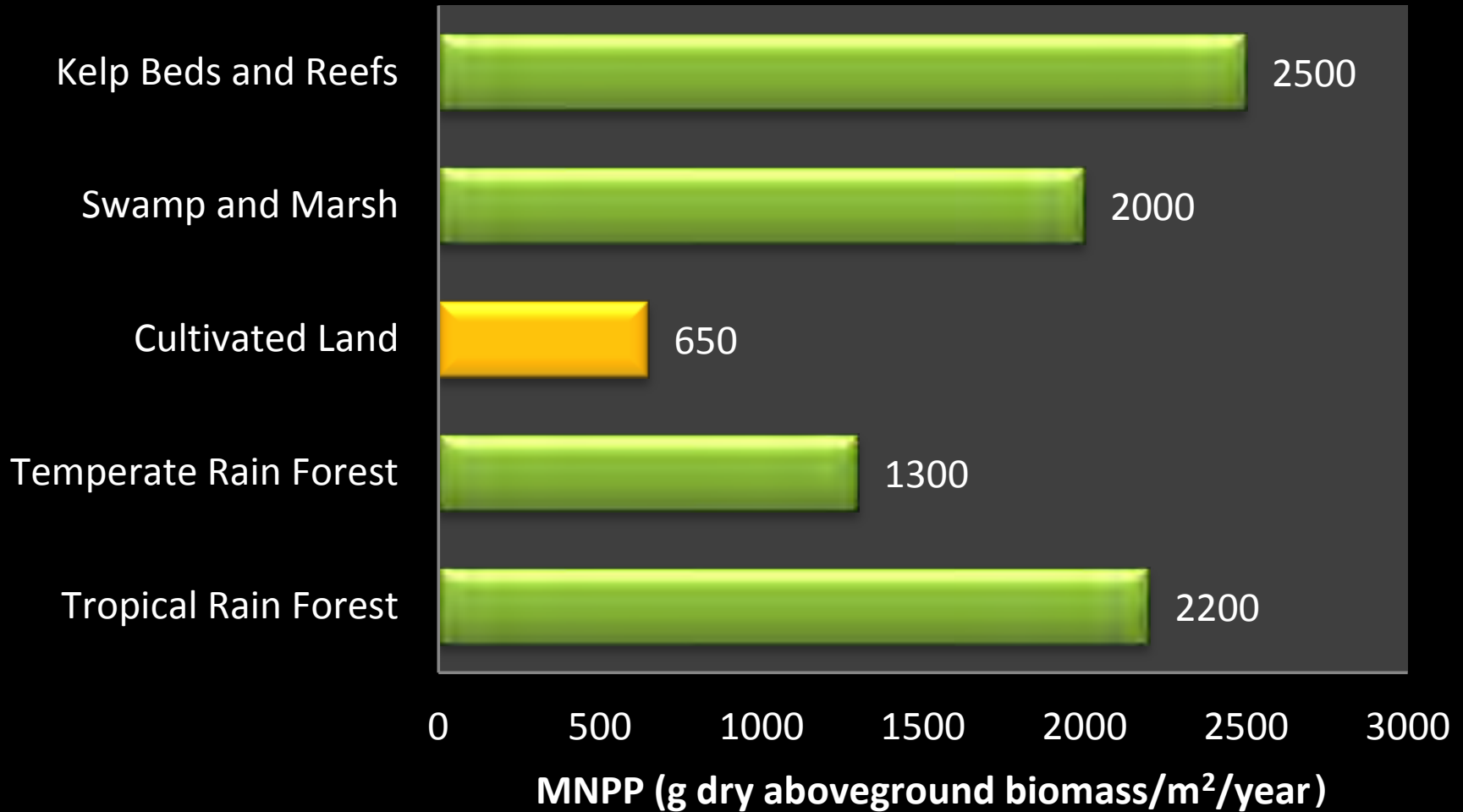
Compost Plant Growth Test (66 day)



**Not All
Composts
Are
Equal!**



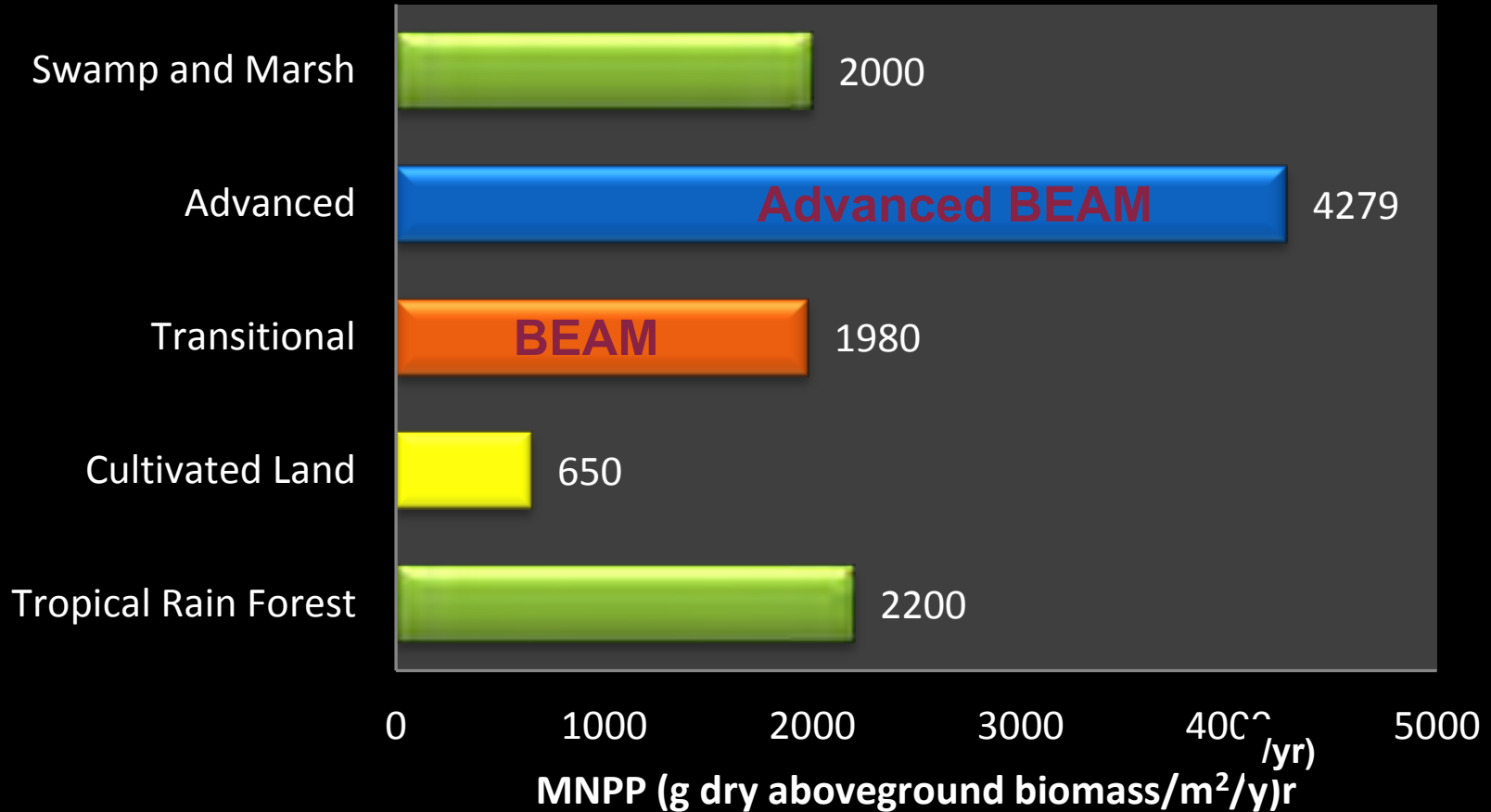
Most Productive Ecosystems



Whittaker, (1978)



How Does a Biologically Enhanced Agricultural Management (BEAM) System Perform?





**Control (No Previous
Covercrop Application)
Total Dry Biomass
Production =
1 ton/Acre**

**1 Year's Previous
Covercrop Application
Total Dry Biomass
Production =
5 tons/Acre**



David C. Johnson- NMSU Institute for Sustainable Agricultural Research (ISAR) davidcjohnson@nmsu.edu

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Sunflower yield as soils improve





..speed



Plus 29

days

Plus

another 15

days





2015 Desert Sandy Soil Trial



16t per ha DM



David C. Johnson- NMSU Institute for Sustainable Agricultural Research (ISAR) davidcjohnson@nmsu.edu

Empowering People



2016 Desert Sandy Soil Trial



22t per ha DM

580 kg N/ha

David C. Johnson- NMSU Institute for Sustainable Agricultural Research (ISAR)
davidcjohnson@nmsu.edu





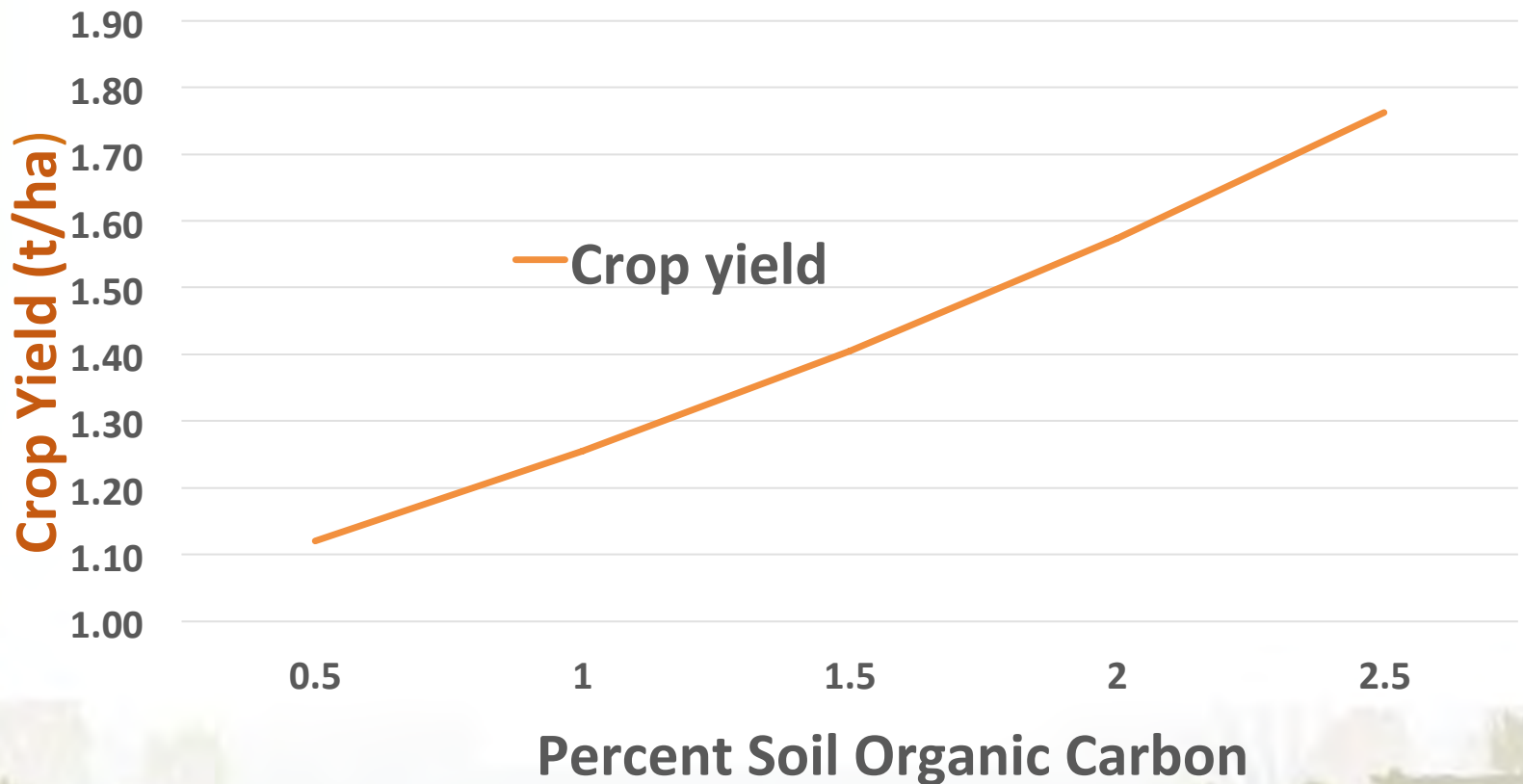
Changes in Soil Macro and Micro-Nutrients with "BEAM"

Months	0	6	8	15	19	Percent Increase	R ²	Regression
Manganese (mg/kg)	3.25	1.86	1.65	14.31	40.14	1135%	R ² = 0.969	2nd Order
Iron (mg/kg)	4.89	4.12	2.66	27.01	59.19	1110%	R ² = 0.9892	2nd Order
NO ₃ -N (mg/kg)	1.5	1.55	2.00	2.35	3.1	107%	R ² = 0.9847	Linear
SOM (%)	0.75	1.25	1.22	1.49	1.41	88%	R ² = 0.7854	Linear
Magnesium (mg/kg)	1.09	0.075	0.81	1.67	1.99	83%	R ² = 0.7954	2nd Order
Calcium (meq/L)	4.09	2.82	3.00	6.07	7.19	76%	R ² = 0.6367	Linear
Kjeldahl N (mg/kg)	633	719	739.00	752	1041	64%	R ² = 0.8244	2nd Order
Phosphorus (mg/kg)	6.9	12.2	10.00	15.3	11.3	64%	R ² = 0.4624	Linear
Zinc (mg/kg)	0.5	0.63	0.48	0.93	0.81	62%	R ² = 0.6652	Linear
Copper (mg/kg)	1.17	1.1	1.04	1.74	1.64	40%	R ² = 0.6591	Linear
Potassium (mg/kg)	30	33	32.00	42	41	37%	R ² = 0.8712	Linear

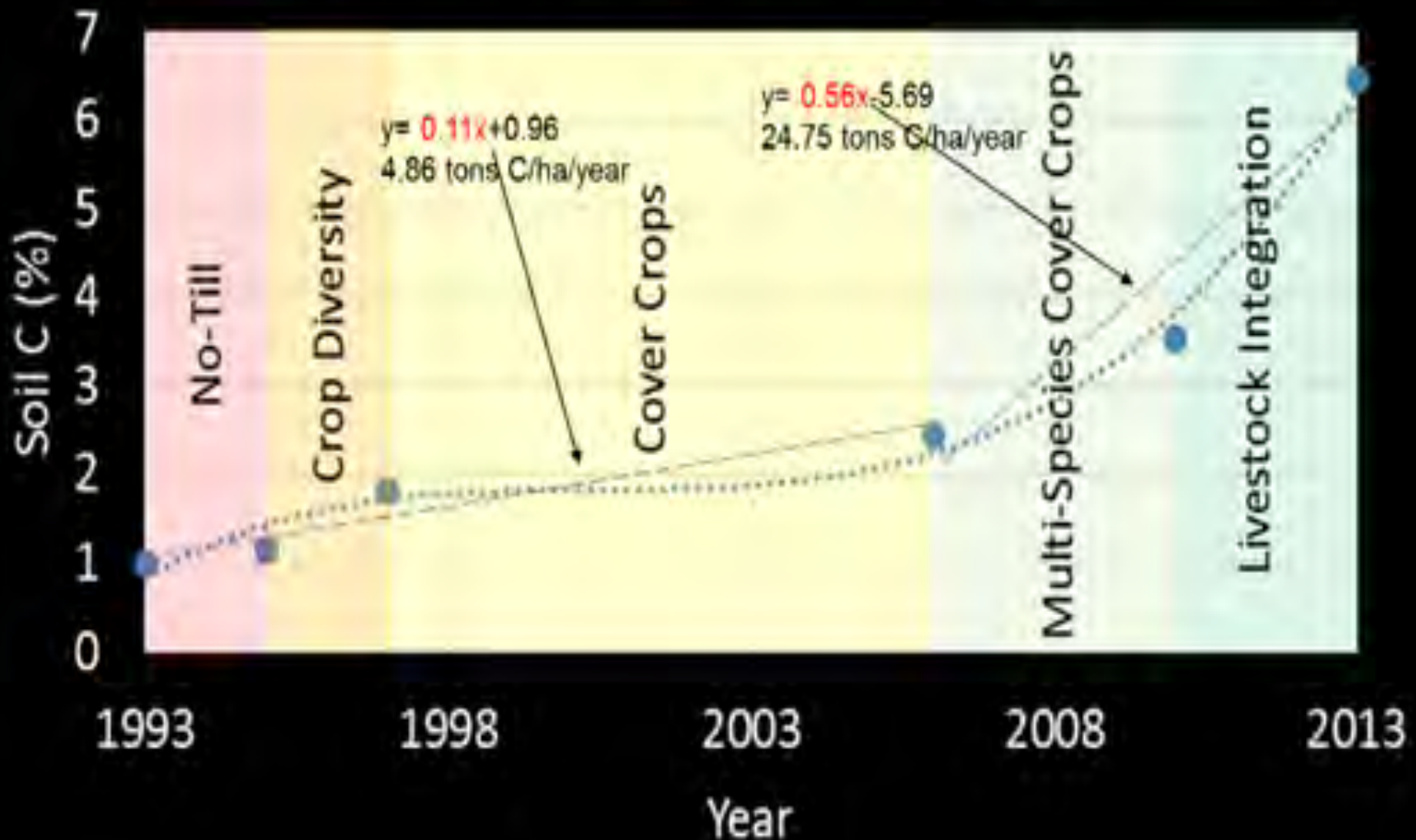
20 month Study, 5 Sampling Periods

David C. Johnson- NMSU Institute for Sustainable Agricultural Research (ISAR)
 davidcjohnson@nmsu.edu

CROP YIELD INCREASES by 12% for each 0.5% change on soil carbon



Gabe Brown's Soil Carbon Data



Principle 4. Introduce Biodiversity



Different root structures



The latest research from Europe demonstrates that RELATIONSHIPS what enhance health

BIODIVERSITY



Relationships between organisms drives the progress of all. However fungi are the extroverts that get it going.



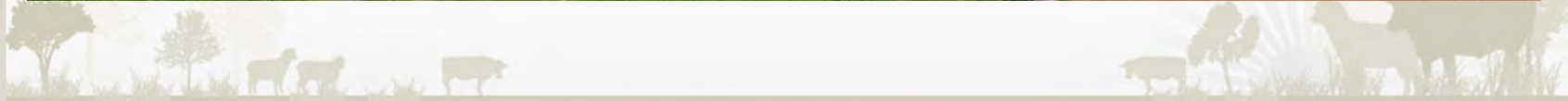
Ally Cropping



Companion Cropping



Ley Cropping



Green Manuring

Planting into crimped rye



Fallow Efficiency

Bare Fallow	21%
Disc Tillage	25%
Blade Tillage	26%
Min/No Till	32%

"Improving fallow efficiency" 23 Feb 2016



Principle 5. MAXIMUM THICKNESS & AVAILABILITY OF GROUND COVER





Iowa Secretary of Agriculture – Sonny Perdue

Empowering People

Improving groundcover

The effect of varying ground cover on water and soil loss in a 650 mm rainfall environment

20% ground cover	40% ground cover	70% ground cover
Runoff water loss = 160 mm/yr	Runoff water loss = 90 mm/yr	Runoff water loss = 10 mm/yr
Soil loss = 85t/ha/yr	Soil loss = 40 t/ha/yr	Soil loss = 3 t/ha/yr
<p>Poor plant production and poor animal production</p>		<p>Good plant production</p>

Source: LeyGrain (2006)

Decaying & Living stubble



Principle 6.

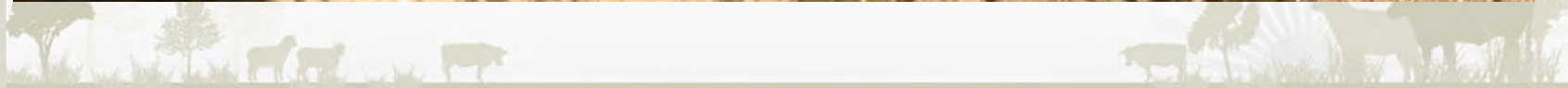
LIVESTOCK are NATURE'S RECYCLERS







RECYCLING



Livestock functions

- **Diversity of income**
- **Spread soil biology**
- **Feed soil biology**
- **Recycle waste products eg crop residue**
- **Animal waste is fertilizer & seeding**
- **Animal impact used to put crop residue on the ground**

